

A message from Hard Feelings about our operations / Update - March 25, 2020

In solidarity with efforts to fight the spread of COVID-19, Hard Feelings Mental Health has temporarily closed the storefront and all counsellors have moved their practices online.

We know these are especially hard times. We continue to do everything we can to provide access to mental health supports and resources in ways that are safe and socially responsible.

If you are a client of a counsellor in our community of practice, please reach out to your counsellor directly to find out more.

If you are a Hard Feelings customer, please know we hope to re-open soon, either in-person or online. Our staff are working from home to stabilize our operations during this time.

You can reach out to us at info@hardfeelings.org with any questions or concerns.

Helping small businesses:

As a small business, we need your support now more than ever.

In the coming weeks, we will continue to post where you can find supports in the city and ways you can support our work through the purchase of gift cards and/or donations.

Please follow us on Instagram for updates @hardfeelingsto

Stay tuned and stay well,

Your friends at Hard Feelings