## HARD FEELINGS MENTAL HEALTH STRATEGIC PLAN 2025 – 2029

## Overview

Hard Feelings continues its commitment to making mental health support accessible and sustainable. As we build on our accomplishments from the 2021–2024 strategic plan, this refresh maintains our core focus while adapting to evolving needs in the mental health landscape. This updated strategic plan (2025–2029) outlines our priorities for the next phase of our journey, strengthening our organization, expanding our impact, and ensuring our long-term sustainability.

## **Strategic Priorities**



